1993-06

A PRELIMINARY STUDY OF TEMPORAL VARIABILITY OF 222Rn IN A PRIVATE WELL WATER SUPPLY

Eileen L. Fisher

Dept. of Preventive Medicine and Environmental Health, College of Medicine, Oakdale Campus, University of Iowa Iowa City, IA

ABSTRACT

Temporal variations of 222 Rn in water suggest that one-time sampling of water supplies may not produce a sample that is representative of well water. Information on temporal variability of 222 Rn in water supplies near 300 pCi L⁻¹ (11 Bq L-1) has important implications for regulation, as well as implications for population risk assessment. Without information on variability of waterborne 222 Rn over time, cumulative 222 Rn exposure may be either over- or under-estimated. The objective of this study was to investigate the temporal variability of low-level 222 Rn in well-water. Daily sampling was conducted March through May 1993, plus two days of hourly sampling in March, on a private well serving three houses and 10 people. 222 Rn levels varied daily and hourly by as much as 15% in a well with a mean 222 Rn concentration of 884 ± 31 pCi L⁻¹ (33 ± 1 Bq L-1). Further research is needed to allow for a better understanding of the amount of temporal variation of low-level 222 Rn in public water supplies, factors affecting this variation and appropriate sampling methods for regulatory purposes.

INTRODUCTION

Waterborne ²²²Rn poses a health threat through both direct ingestion and escape into the air. Epidemiological studies show a relationship between airborne ²²²Rn and lung cancer (ICRP 1979, NCR 1988, Samet 1989). Animal studies also support a dose-response relationship between lung cancer and ²²²Rn exposure (ICRP 1979). It is now estimated by the EPA that between 7,000 and 30,000 lung cancer deaths in the United States may be caused by airborne ²²²Rn exposure (EPA 1992a). The EPA estimates that waterborne ²²²Rn contributes about 200 deaths per year in the United States with an uncertainty range of 10-2,700 (Crawford-Brown 1992). The estimated health risk from waterborne ²²²Rn exposure is predominantly based on breathing degassed ²²²Rn, rather than ingested ²²²Rn in water.

Based on the contribution of waterborne ²²²Rn to airborne ²²²Rn lifetime risks of fatal cancer have been estimated at 10⁻⁴ and 10⁻³ for ²²²Rn concentrations of 200 pCi L⁻¹ and 2,000 pCi L⁻¹ respectively (7 Bq L-1 and Bq L⁻¹) (Crawford-Brown 1992). These estimates indicate that ²²²Rn in water poses an adverse health effect to the public which is significantly greater than other water contaminants (Kelly 1989).

Previous Studies

The average USA groundwater concentration of ²²²Rn is in the range of 200 pCi L⁻¹ to 600 pCi L⁻¹ (7 Bq L-1 to 22 Bq L-1) (Longtin 1990). A recent survey by The University Hygienic Laboratory, Iowa City, Iowa, of community water supplies indicates that one quarter will exceed the proposed ²²²Rn standard in finished water. The range of ²²²Rn concentrations were from below detection level to 2,546 pCi L⁻¹ (94 Bq L-1) (Kelly and Mehrhoff 1993). ²²²Rn water concentrations in 352 private wells in Iowa have a similar range with an arithmetic mean of approximately 429 pCi L⁻¹ (16 Bq L-1) (Field and Kross 1993). Fifty-two percent of the private wells in the Field and Kross study exceeded the proposed standard for public water supplies. These studies indicate many Iowa water supplies will be at or near the proposed limit for ²²²Rn.

The above studies of ²²²Rn concentration in water were conducted at one point in time. There have been few studies of the temporal variation of ²²²Rn in water. The U.S. Geological Survey tested one well in Pennsylvania monthly for 3 years beginning in 1989 and found ²²²Rn concentrations which ranged from 2,800 to 7,900 pCi L⁻¹ (104-292 Bq L-1) (Senior 1989). They report maximum levels in autumn and early winter and minimums in spring. A study conducted by the Connecticut EPA from 1989-1990 (McHone 1990) examined temporal variation in

5 wells with ²²²Rn average concentrations of 3,500 to 662,000 pCi L⁻¹ (130-24,494 Bq L-1). Hourly, daily and weekly sampling schemes were employed. Their results indicate that a single water ²²²Rn analysis is not necessarily representative of the ²²²Rn character of the well. ²²²Rn concentrations in pCi L⁻¹ varied by as much as 94 percent for an individual well, with the high well exhibiting more variation. In Maine (1988) wide variations were found in 10 granite bedrock wells over a 3 week period with average ²²²Rn levels of 2,619 to 758,760 pCi L⁻¹ (97-28,074 Bq L-1). The site with the lowest average had a range of 1,420 to 3,090 pCi L⁻¹ (53-114 Bq L-1) (Lowry 1988).

Temporal ²²²Rn data on low-level ²²²Rn water supplies are scarce. The Iowa Geological Survey conducted a study in 1981-1982 of ground water quality in the Big Spring Basin (Hallberg 1983). A few monthly samples were collected from 24 domestic water wells with average concentrations of 28 pCi L⁻¹ - 1500 pCi L⁻¹ (1 Bq L-1 - 54 Bq L⁻¹). Twelve samples taken hourly on one site ranged from 230 pCi L⁻¹ to 330 pCi L⁻¹ (9 Bq L-1 - 12 Bq L-1). Data from these wells indicate variations of 43 to 700 percent.

The temporal variation of ²²²Rn in Iowa's public water supplies using ground water is not known. The purpose of this preliminary study is to describe ²²²Rn variations in a multi-household water supply with low-level ²²²Rn concentrations. Future studies to gain understanding of radon variation in public water supplies will be necessary to develop a sampling plan to accurately characterize ²²²Rn levels.

MATERIALS AND METHODS

A preliminary study was conducted on a private well serving three houses and 10 people. This well is in the Silurian-Devonian aquifer with a depth of 250-300 feet. Tritium analysis indicates this water is pre-nuclear testing (1963) or at least thirty years old (Bradbury 1991). Investigations into the hourly and daily variation of ²²²Rn at a point directly beyond the pressure tank were performed as an independent study project. Water samples were collected daily from 3 March 1993 until 31 May 1993 (most in the early morning). In addition hourly samples were collected on one weekday and one weekend day from early in the morning until late evening hours.

Samples were collected using EPA recommended procedures for determination of ²²²Rn in drinking water. A hose with attached funnel was connected to a faucet and the water allowed to run for 10 minutes. A 10 ml disposable pipet and pipette-pump was used to transfer a 10 ml aliquot to a liquid scintillation vial containing 10 ml of Opti-fluor liquid scintillation fluid. The samples were allowed to equilibrate for three hours, and then counted for 60 minutes in a liquid scintillation counter within 1 day of sample collection.

The calibration of the liquid scintillation counter is performed using a ²²⁸Radium Standard, for ²²²Rn ingrowth, in the same geometry and matrix as the samples. This standard was secured from the EPA and is traceable to the National Bureau of Standards. Each set of analyses was preceded by a standard and two background vials having approximately the same total dissolved solids as the samples. Additional background vials were analyzed following the samples for each analysis with one additional background run for each four samples. Control charts for the standards and the background were maintained to assure the standard did not exceed two standard deviations more often than one in 20 times.

Duplicate samples were taken in all cases. The two sigma percentage error (%2sigma) was calculated using formulas from Vitz 1991. If the relative percent difference (RPD) was less than %2sigma, then the average of the two samples was used, otherwise the maximum. This was done because it is easier to get a low count due to loss of ²²²Rn than it is to get a high count.

Quality Assurance/Quality Control procedures as outlined in the EPA publication, "Handbook for Analytical Quality Control in Radioanalytical Laboratories" (EPA 1977) were followed during the course of this study. Interlaboratory cross-checks with The University Hygienic Laboratory, Iowa City, Iowa, on two occasions showed good agreement with RPD of 4.1% and 0.2%.

RESULTS

Daily sampling from 3 March 1993 to 31 May 1993 resulted in 89 samples with duplicates being analyzed for 222 Rn. The average RPD for this phase of the study was 3.0% and the average %2sigma was 3.9. The RPD was less than %2sigma for 76% of the daily samples and less than %2sigma plus 10% for 80% of the samples. The Shapiro-Wilk test for normality, as well as the non-parametric Kolmogorov-Smirnov test, indicate daily and hourly 222 Rn concentrations are normally distributed (p > 0.2). Daily samples had a mean of 884.3 \pm 31.0 pCi L⁻¹ (32.7 \pm 1.1 Bq L-1) with a range of 804.7 pCi L⁻¹ - 940.3 pCi L⁻¹ (29.7 Bq L-1 - 34.79 Bq L-1). Figure 1 shows the variation of the daily sampling.

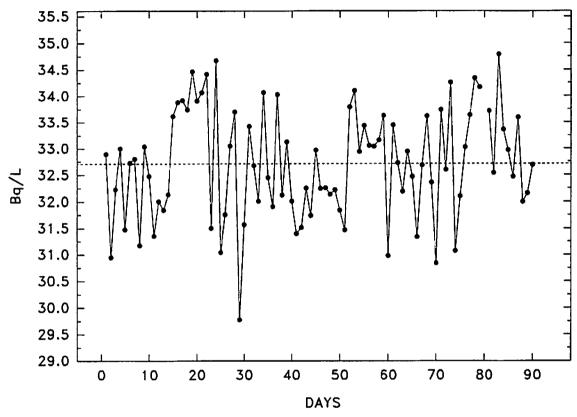


Fig. 1. Daily ²²²Rn variations in Bq L-1 measured from 3 March 1993 to 31 May 1993. Concentrations measured with a precision of 4% (%2sigma).

Hourly samples on Tuesday, 2 March 1993 had an average RPD of 3.72 and average %2sigma of 4.0. Seventy eight percent were less than %2sigma. Sampling began at 6:30 am and ended at 11:30 pm. The 222 Rn concentration varied from 831.3 \pm 35.8 pCi L⁻¹ to 924.1 \pm 35.4 pCi L⁻¹ (30.8 \pm 1.3 Bq L-1 to 34.2 \pm 1.3 Bq L-1). Figure 2 shows the pattern of variation for the first day of hourly sampling. 222 Rn levels were lowest in the early hour of the morning, rose to a peak at about 8:30 and then fell and rose again to the highest level occurring around noon.

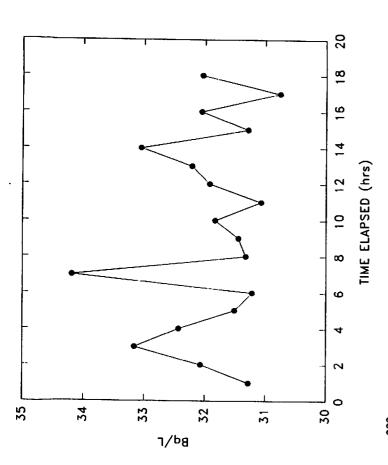


Fig. 2. Hourly ²²²Rn variations in Bq L-1 measured on 2 March 1993 (6:30 AM - 11:30 PM).

Hourly sampling on Saturday, 31 May 1993, has a similar range of 847.5 ± 33.9 pCi L⁻¹ to 937.4 ± 35.5 pCi L⁻¹ (31.4 1.3 Bq L-1 to 34.7 ± 1.3 Bq L-1). Early morning ²²²Rn concentrations were again lowest, with a maximum at 11:30 am and another relative maximum at 9:30 pm. The average RPD and %2sigma were 2.7% and 4.1% respectively. Figure 3 is a plot of the ²²²Rn concentration verses time.

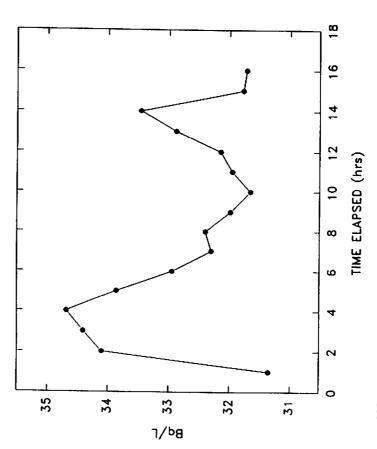


Fig. 3. Hourly ²²²Rn variations in Bq L-1 measured on 31 May 1993 (8:30 AM - 11:30 PM).

DISCUSSION

On July 18, 1991, the EPA proposed maximum contaminant levels (MCLs) for radionuclides in public drinking water supplies (EPA 1991). The proposed MCL for waterborne ²²²Rn is 300 pCi L⁻¹ (11 Bq L-1) which corresponds to a risk of 1 x 10⁻⁴ of death due to lung cancer. Setting a standard for regulation of radionuclides in drinking water has now been delayed until Dec. 31, 1993. There has been much debate over the proposed standard because it is expected that over half of the 60,000 public water supplies in the nation will exceed the MCL for ²²²Rn. The estimated cost of bringing these water supplies into compliance is \$2.5 billion yr⁻¹. More than two thirds of those costs will be borne by the very small water systems that serve 500 or fewer people (Raucher 1992).

The EPA recognizes that ²²²Rn in water can vary substantially over time. They recommend additional sampling on different days for homeowners when an initial water sample indicates a level of concern (EPA 1992b). This approach does not take into account time of day or seasonal variation. Proposed monitoring in groundwater for public water supplies is quarterly the initial year, then annually unless out of compliance. A system is out of compliance if the average of 4 quarterly samples or one annual sample exceeds the MCL (EPA 570/9-91-700 1991). However, quarterly and annual monitoring may not be the most accurate or economical sampling scheme. Taking an example from the Big Spring Basin study (Hallberg, 1983), the minimum value reported for one site in Feb. 1982 was 70 pCi L⁻¹ (3 Bq L-1) with a maximum of 580 pCi L⁻¹ (21 Bq L-1) in Mar. 1982. Starting quarterly sampling in January would have resulted in an average of 370 pCi L⁻¹ (14 Bq L-1), while starting in February would have yielded an average of 225 pCi L⁻¹ (8 Bq L-1). The average of all 11 monthly measurements is 346 pCi L⁻¹ (13 Bq L-1), an absolute difference of 24 pCi L⁻¹ and 121 pCi L⁻¹ (1 Bq L-1 and 5 Bq L-1) from the two quarterly averages respectively.

²²²Rn concentrations in this multiple household well exhibit variations of as much as 15% over a 3 month period and 11% in hourly sampling. Aging of this water using tritium analysis indicates that the water is at least 30 years old and probably not affected by current climatic conditions (todays' temperature, present year rainfall, wind velocity, barometric pressure) and possibly will show no seasonal or yearly trend. If over time it could be determined that the variation of ²²²Rn in this aquifer was a stationary process with minimal ²²²Rn concentrations then monitoring such a system on a frequent basis (yearly) would be unnecessary.

Smaller water supply systems tend to take their water from smaller aquifers which in general have higher ²²²Rn levels (Milvy 1990). Compliance with drinking water standards places a higher burden on the smaller public water systems which have fewer resources, lack trained staff, and are already economically strained by other factors (The 93' flood). Therefore developing an accurate method for characterizing ²²²Rn levels in a water supply system or aquifer will be beneficial to small community water supply systems in Iowa. It will ensure that resources devoted to mitigation will be directed at the water supplies that represent the most serious problem.

CONCLUSIONS

Knowledge of temporal variability of ²²²Rn in water supplies near the EPA proposed MCL has important implications for regulation as well as implications for population risk assessment. Cancer risk assessments are related to cumulative exposure over time and without information on variability of waterborne ²²²Rn over time, this risk may be either over- or under-estimated. This research suggests that even at low ²²²Rn concentrations waterborne ²²²Rn can exhibit substantial variability. More research is needed to determine the variability in public water supplies which will be regulated for ²²²Rn. If it is found that water ²²²Rn at these lower levels varies over time then that variation should influence sampling strategies. By avoiding over- or under-estimation of water ²²²Rn users will be afforded the protection intended by the EPA regulation and unnecessary water treatment for removal of ²²²Rn will be avoided.

REFERENCES

- Bradbury, K.R. "Tritium as an indicator of Ground-Water Age in Central Wisconsin", GroundWater, Vol. 29, No. 3, May-June 1991
- Cothern, C.R. "Estimating the Health Risks of Radon in Drinking Water". JAWWA. (Apr) p 153-158, 1987
- Crawford-Brown, D.J. "Cancer Risk from Radon". JAWWA V84 N3, p 77-81, 1992
- EPA 1991 Environmental Protection Agency, National Primary Drinking Water Regulations: Radionuclides. 40 CFR Parts 141, 142. Federal Register. 56:138:33050 (July 18), 1991
- EPA 1992a Environmental Protection Agency, Office of Air and Radiation; and US Department of Health and Human Service, Centers for Disease Control: A Citizen's Guide to Radon: The Guide to Protecting Yourself and Your Family from Radon. ANR-464 402-K92-001. Government Printing Office, May 1992
- EPA 1992b Environmental Protection Agency, Office of Radiation Programs, "Radon Technology for Mitigators", Washington, D.C. EPA 68-D-90170
- Field, R.W.; Kross, B.D. "A Survey of ²²²Radon in Private Well-Water Supplies in Iowa". In: Proceedings of The 1993 International Symposium on Radon And Radon Reduction Technology, Denver, CO: U.S. Environmental Protection Agency; 1993
- Hallberg, G.R.; Hoyer B.R.; Bettis III, E.A.; Libra R.D. "Hydrogeology, Water Quality, and Land Management in The Big Spring Basin, Clayton County, Iowa", Iowa Geological Survey, File Report 83-3, June 1993, Appendix 3
- ICRP79 International Commission on Radiological Protection, 1979, "Limits for Intakes of Radionuclides by Workers", New York, NY: Pergamon Press, 1979
- Kelly, K., "The Radon Threat in Drinking Water". Water Technology. p 40-44, (Jan) 1989
- Kelly, R.; Mehrhoff, M. "222Radon in The Source and Finished Water Of Selected Public Water Supplies in Iowa." Research Report No. 93-1, The University Hygienic Laboratory, Oakdale Campus, University of Iowa, Iowa City, IA. 1993
- Longtin, J. "Occurrence of Radionuclides in Drinking Water, A National Study" in: Radon, Radium and Uranium in Drinking Water, Eds: Cothern, C.R. and P.A. Rebers, Lewis Publishing. Chelsa, MI, p 97-139, 1990
- Lowry, J.D., "Radon Progeny Accumulation in Field GAC Units", final report to Maine Department of Human Services, Division of Health Engineering, March 1988
- McHone, N.W.; Siniscalchi, A. "Temporal Variations in Bedrock Well Water Radon and Radium and Water Radon's Effect on Indoor Air Radon". Preliminary report of a study conducted by State of Connecticut Dept. of Health Services, Connecticut EPA, and the USEPA. Hartford, Conn. 1990
- Milvy, P.; Cothern, C.R. "Scientific Background for the Development of Regulations for Radionuclides in Drinking Water" in: Radon, Radium and Uranium in Drinking Water, Eds: Cothern, C.R. and P.A. Rebers, Lewis Publishing. Chelsa, MI, p 1-16, 1990
- NRC88 National Research Council, Committee on Biological Effects of Ionizing Radiation, Health risk of radon and other internally-deposited alpha emitters: BEIR IV. Washington, DC: National Academy Press 1988
- Raucher, R.S.; Drago, J.A. "Estimating the Cost of Compliance With the Drinking Water Standard for Radon". JAWWA. V84 N3, p 51-65, 1992
- Samet, J.M. "Review: Radon and Lung Cancer". J. Natl. Cancer Inst 81:745-757, 1989

- Senior, L.A. "Seasonal Variability of ²²²Radon, ²²⁶Radium, and ²²⁸Radium in Ground Water in a Water-Table Aquifer, SouthEastern Pennsylvania". Preliminary report of a study conducted by US Geological Survey, Malvern, Penn. 1989
- Vitz, E., "Toward a Standard Method for Determining Waterborne Radon, Health Physics, Vol.. 60, No. 6(June) 1991, 829